

## WELLNESS & BEAUTY

### Welcome!

Relaxation from head to toe - immerse yourself in a world of harmony! Let go of everyday problems and enjoy the treatments in our wellness and beauty area. With us you will be pampered with products from Dermalogica.

What is special about Dermalogica products?

Dermalogica has been setting new standards in the development of its products for years. Only the purest and most effective ingredients are used, so that you can get pure, clear and radiant skin. All products are free from occlusive mineral oils or lanolin, contain no irritating artificial colors or fragrances and no alcohol that would dry out the skin. The goal of Dermalogica is to keep your skin healthy. Dermalogica pays attention to the environment in the development of all products and guarantees that all components come from ecological and harmless sources and are packaged in a recyclable manner. All tests at Dermalogica are guaranteed to be carried out without animal testing.

## Maintain... your good mood

### FACIAL TREATMENT

We offer you a selection of effective treatment methods and the opportunity to respond to problematic areas and needs, intensively and extensively, according to your wishes.

#### Face mapping

Professional facial skin analysis *(free of charge before each treatment)*

Face mapping is a completely new approach to skin analysis that was developed and patented exclusively for Dermalogica by The International German Institute. For the first time, professional skin care experts have a comprehensive technique that enables them to analyze every aspect of the skin and thus not only improve the effectiveness of each treatment in a remarkable way, but also provide advice for regular care at home, ideally to adapt to every individual customer's needs.

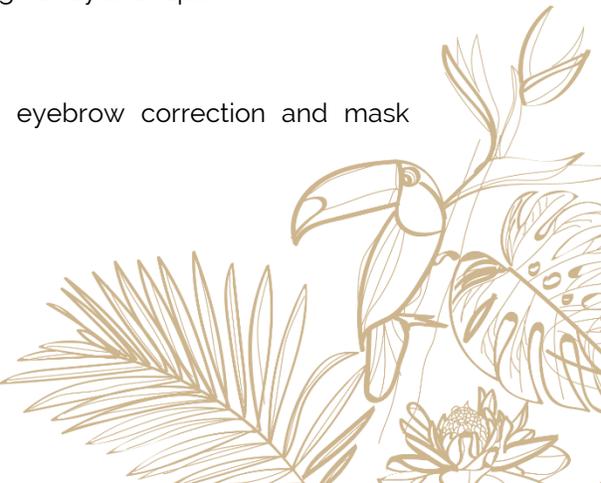
#### Microzone treatment

Power care with the fastest effect and immediately visible results. e.g. for eyes or lips.  
30 min. | € 35.00

#### Short treatment

Short refreshment for in between. Cleansing, peeling, tonifying, eyebrow correction and mask according to skin needs, final care.

Approx. 40 minutes | € 45.00





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**Basic treatment**

Cleansing, peeling, tonifying, eyebrow correction, active ingredient concentrate, face / neck and décolleté massage, mask – (face) is massaged according to the skin's needs, final care.  
Approx. 60 minutes | € 65,00

**Luxury treatment**

For skin that needs a little more. Cleansing, fruit acid peeling, toning, cleansing, brow correction, active ingredient concentrate, face / neck and décolleté massage, double mask according to the skin's needs, final care.  
Approx. 75 minutes | € 85,00

**Eyebrow correction**

Eyebrow correction and coloring. Optimally corrected and colored eyebrows emphasize the individual facial expressions and give your face more expression and beauty. Duration 15 minutes each.  
Correction | from € 10,00  
Coloring | 10,00 €

**Eyelash coloring**

Long and full eyelashes give your face a wonderful expression and emphasize the eyes effectively.  
Eyelash coloring € 15  
Eyebrow correction + eyebrows and eyelash coloring  
30 min. | € 25,00

**Depilation**

We gently remove your body hair with warm wax or sugar paste. For several weeks you will get a smooth and visibly well-groomed result. With regular use, hair becomes softer and less.

Upper lip, armpit area, hand or foot hair, medial line, bikini line  
Small body regions | € 15,00 / € 20,00

Lower legs, thighs, arms, stomach, bikini, chest, back  
Large body region | € 30,00 / € 45,00



## Time out ... for HANDS & FEET

### Basic manicure

Hand bath, remove cuticles, shape and polish nails, then light massage with appropriate care \*.

Approx. 30 min. | € 35

45 min. With varnish | € 45.00

60 min. With shellac | € 60.00

### Intensive hand care

Hand bath, hand peeling, hand pack, spray paraffin bath, followed by a light massage \*.

Approx. 30 min. | € 35.00

### Manicure Deluxe

Basic manicure and intensive hand care as described above

Approx. 50 minutes | € 60.00

### Pedicure

Foot bath, removal of calluses, shortening and shaping of nails, followed by a light massage with appropriate care tailored to your skin type \*.

Approx. 45 min. | € 45.00

55 min. With varnish | € 55.00

60 min. With shellac | € 60.00

### Foot beauty

Foot bath, bamboo peeling, followed by a light massage with appropriate care \*.

Approx. 25 min. | € 25.00

### Time out for your feet

Pedicure and foot beauty as described above \*.

Approx. 55 min. | € 60.00

### Foot Reflexology

Stimulating pressure point massage with beneficial effects.

Approx. 25 min. | € 35.00

\*We only work with Gehwol products.



## Conjure yourself - "moments for me"!

### OUR MESSAGES

The Van der Valk Hotel Berlin Brandenburg wellness area stands for exclusive and holistic wellness and beauty concepts that make your pampering holiday with us extraordinary and unmistakable. Relax with unique face and body treatments tailored to your needs and lifestyle.

Classic massages are a vacation for the soul. They have a relaxing effect on body and mind, loosen up the muscles, promote blood circulation and more oxygen reaches the cells. Regeneration processes are stimulated. Strong, stimulating massage tailored to your individual body needs.

#### **Classic massage**

20 min. | € 30.00  
30 min. | € 40.00  
40 min. | € 50.00  
55 min. | € 65.00  
85 min. | € 85.00

The aromatic oil massage is a gentle, harmonizing massage with warm almond oil and individually selected essential oils for deep relaxation and well-groomed skin. You have a choice between essential oil, argan oil, and coconut oil. We only work with warm, natural and essential oils that are also suitable for allergy sufferers and vegans.

#### **Aroma full body massage**

20 min. | € 35.00  
30 min. | € 45.00  
40 min. | € 55.00  
55 min. | € 70.00  
85 min. | € 90.00

#### **Reflexology**

Reflexology massages promote your general wellbeing. This special massage technique on the soles of the feet activates the reflex zones and stimulates the flow of energy in your body, relieving blockages and congestion. You feel refreshed and regenerated.

25 min. | € 35.00

#### **Hot stone massage**

The hot stone full-body massage from the Indian culture with warm lava stones and valuable almond oil is a soothing body massage that relaxes your deep muscles, gives vitality and brings your energy into flow.

85 min. | € 89.00



**Herbal stamp massage**

Asian full body massage with warm stamps, relieves tension and activates the metabolism. Harmony for body, mind and soul. Herbal sachets filled with rice are immersed in hot almond oil for 1 hour, whereby the six herbs develop a magical scent that they stay in for a long time. Keep memory. The whole body and joints are massaged with these soft, hot stamps.  
85 min. | € 95,00

**Hot chocolate massage**

Unique relaxing massage from African culture that also caresses your soul. With warm, fragrant and exquisite organic cocoa butter and organic shea butter with bourbon vanilla, an unforgettable experience that firms and smooths the skin.  
Approx. 80 min. | € 85,00

*TIP.* Use the sauna before and after the massages and treatments to warm up the muscles and keep a rest period so that the oil can soak into the skin.

## Time out ... with a pampering program

### ARRANGEMENTS

**Time out**

Manicure with paraffin pack, herbal foot bath, followed by a pedicure  
Approx. 80 min. | € 80,00

**time for me**

20 minutes back massage followed by a basic facial treatment.  
Approx. 80 min. | € 95,00

**Beauty time**

Basic manicure with paraffin pack, basic facial treatment and pedicure.  
Approx. 150 minutes | € 170,00

**classic**

Sea salt oil peeling, 20-minute aromatic oil back massage and basic facial treatment.  
Approx. 120 min. | € 125,00

**Dream time**

Sea salt peeling with algae pack, 60 minutes full-body aromatic oil massage, manicure with paraffin pack, basic facial treatment and pedicure.  
Approx. 240 min. | € 240,00



### **Cleopatra day**

Full body coconut peeling, honey face mask, face massage with rose petal oil, full body massage with coconut oil.

Approx. 120 minutes | € 130.00

### **Absolute men's business**

A treatment with moisturizing, regenerating and strengthening ingredients and vitamins that give men's skin elasticity and freshness.

Cleansing, skin analysis, peeling and cleansing, massage, mask / pack, day care

45 min. | € 59.00

### **Exclusive anti-stress treatment**

20 minutes back massage, facial treatment, cleansing, skin analysis, peeling, eyebrow correction, mask, face massage, final care as well as reflexology during the mask.

110 min. | € 120.00

## **SPECIAL OCCASIONS**

### **WEDDING STYLING & WELLNESS**

Weddings are an unique day and we offer you professional styling for your wedding make-up and your bridal hairstyle. We promise you an enchanting look all day long - from the first to the last minute. Together with you, we will choose the right make-up and styling for you - in a wonderful atmosphere at our Van der Valk Hotel Berlin Brandenburg. We have also put together special packages for him and her for the day before and the day after the wedding.

#### **Small package for the bride**

Make-up for the bride including a trial appointment	from € 99.00
Facial treatment including eyebrow correction and coloring	€ 85.00
Manicure with shellac	€ 45.00
A glass of sparkling wine	for free

*The facial treatment and manicure are done the day before the wedding ceremony.  
For a perfect make-up and full radiance.*

#### **Luxury package for the bride**

Make-up for the bride including a trial appointment	from € 99.00
Bridal hairstyle including trial appointment	from € 119.00
Eyelash extensions	from € 120.00
Facial treatment including eyebrow correction and coloring	€ 85.00
Manicure with shellac	€ 45.00
Pedicure with shellac	€ 60.00
A glass of sparkling wine	for free

*Eyelash extensions about 2 days before the wedding, facial treatment, manicure and pedicures take place the day before the wedding.*





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**Pampering package for the bride and groom**

Make-up for the bride including a trial appointment	from € 99.00
Manicure with shellac for her	€ 45.00
Manicure for him	€ 35.00
Facial treatment including eyebrow correction and coloring for her	€ 85.00
Facial treatment including eyebrow correction for him	€ 65.00
2x massages of 55 minutes after the wedding day	€ 130.00
2 glasses of sparkling wine	for free

Treat yourself to soothing treatments, massages and a manicure before your big day. Facials take place the day before the wedding.

On your special day you are our focus and we will devote our full attention to you in the agreed time.

PS: Can also be booked for bachelorette parties and girls' days in our beauty area.

**Bride with maid of honor or girlfriends**

Facial care	€ 190.00
Manicure with shellac	from € 85.00
Pedicure with shellac	€ 45.00
Glass of sparkling wine and fruit bowl	€ 60.00
	free of charge

Let your face, hands and feet be pampered and enjoy a nice day with your friends.

**For him and her, the day after the wedding**

2x facial treatment	from € 195.00
2x 55-minute massage	€ 65.00
2 glasses of sparkling wine	€ 130.00
	for free

**Treatments that can be booked as well**

Make-up for the bride including a trial appointment	from € 99.00
Bridal hairstyle including trial appointment	from € 119.00
Eyelash extensions	from € 120.00
Facial treatment for him or her	from € 65.00
Eyebrow / eyelash tinting and correction	€ 25.00
Manicure with shellac	€ 45.00
Gel nails / nail extensions	from € 99.00
Manicure for him	€ 35.00
Pedicure	€ 45.00
Pedicure with shellac	€ 60.00
Massage of 55 minutes	from € 65.00

Get your professional advice and arrange your trial appointment right away, call 033708/580, send a WhatsApp to 0160 94815166 or write an email to [wellness@berlin.vandervalk.de](mailto:wellness@berlin.vandervalk.de).

